



WCMA PRESENTS THE NEXT

# Coffee Chat

## Your Community and the Impact of Anger in 2021

Anger is one of the densest forms of communication and poses serious challenges when people have limited interpersonal interaction and the majority of communication is digital. There are those who have recognized the power of anger when weaponized and use anger as a power tactic which amplifies negative emotions. There are real impacts to a leader's mental health when faced with anger being used as a weapon in the workplace while feeling the need to cope with our own negative affects. What are the causes of anger, how do we recognize when its weaponized and what tactics can be used to blunt its impact?

Presenters: David Limardi and Bob Kiely, Managing  
Directors, Midwest Leadership Institute

**June 30 the from Noon to 1:30PM**

presentation from Noon to 1PM followed by breakouts and discussion

Watch your inbox for a calendar invitation for this  
complimentary session